## THE SHARK CAGE WORKSHOP

FACILITATED BY TANYA BARICH

WEDNESDAY 10 MAY 9.30AM -2.30PM (LIGHT LUNCH PROVIDED)



Ursula Benstead has developed the 'Shark Cage' framework metaphor as a practical tool for understanding and reducing re-victimisation.

This workshop offers concrete and helpful strategies for change in women's lives. Learning recognise boundary violations through to developing personal boundaries and identifying women's rights.

TO RESERVE YOUR PLACE PLEASE CALL 4125 5788



Wide Bay Women's Health Centre Inc.