

Deaf Wellbeing Workshop



A small group workshop for Deaf Fraser Coast Women to learn and talk about wellbeing and self-care.

Great opportunity to meet local deaf women.

Workshop includes:
wellbeing and self-care strategies
morning tea
art and craft
lunch
Auslan interpreter

9.30-2.30pm

14 February 2023

8 Truro St, Torquay

**Facilitated by Suyin & Henny ~
community support workers**

**Places are limited to ten spots
- please call or email the Centre to book
4125 5788 / info@wbwhc.org.au**



Wide Bay Women's Health Centre Inc.